

## **Anitra Lahiri Shares 6 Important Skills of a Motivational Speaker**

Anitra Lahiri, motivational speaker and consultant, describes her experiences and what she's learned during her career in motivational speaking and public speaking as an overall lesson in leadership. She describes the importance of being honest with your message and how to deliver your speech so it reaches your audience in the most effective way possible. With motivational speaking being such an emotional profession, certain attributes are absolutely essential if you want to become one of the best. Her motivation has helped countless people find inspiration and hope in their lives again. Here are six skills that will help you become an inspirational speaker like Anitra Lahiri.

### **1. Have a strong presence**

In order to be an effective motivational speaker, you must have a strong presence. This means being confident in your message and delivery. It also means having the ability to connect with your audience on a personal level. Anitra has all of these qualities and more. Her personal story is one that is both inspiring and relatable, and her passion for helping others is evident in her work. Additionally, you must be able to connect with your audience and make them feel like they can relate to you.

### **2. Educate your audience**

A motivational speaker should have the ability to educate their audience on the topic at hand. They should be able to provide statistics, resources, and personal anecdotes to back up their message. Anitra Lahiri is no exception; her personal testimony is very inspiring. By sharing her story, she provides hope, encouragement, and inspiration to anyone who is struggling with a drug or alcohol problem. If you are going to speak, it is your job to teach. Whether you're educating through facts or personal experience, as a motivational speaker, you need to take some time before every speaking engagement to do your homework on your audience and learn everything about them.

### **3. Keep things interesting**

It's important to keep your message fresh, so don't be afraid to experiment with your approach. Offer different speeches at different venues, try writing new material, or invite an audience member to participate in a discussion during one of your events. When you keep things interesting, you provide more value and inspiration to attendees. The more you innovate and explore new ways to tell your story and engage with audiences, the more successful you will be as a motivational speaker. If you share your story with others, and keep things interesting by

presenting new information and stories, you'll help those who have struggled with drug or alcohol problems see that there is hope. And that they can win over their addiction once and for all.

#### **4. Be self-confident**

If you're going to become a motivational speaker, you need to make sure that you are self-confident. You will need to stand in front of large crowds and talk to them about difficult situations they may be facing in their lives. Your self-confidence and strong demeanor will show that you are capable and dedicated. Confidence is important because it allows people to understand that you mean what you say and that they can trust your word. Whatever struggles you had when you began using drugs or alcohol, they no longer define who you are or what your future will hold. You have moved past those obstacles; now focus on moving forward.

#### **5. Maximize your time**

As a motivational speaker, you must work to manage your time effectively and make sure that you are focused on what is most important. Being able to juggle multiple tasks and still produce top-quality work can be tricky, but if you're organized enough with your time and priorities, it's possible. Here are some tips for being efficient as a motivational speaker: Be passionate about your message. You have to believe in what you say.

#### **6. A strong positive attitude**

A motivational speaker needs to exude positivity. Even if you're going through your own personal hardships, you need to be able to pull yourself out of those dark places in order to connect with your audience and instill in them hope for their futures. You should also be comfortable handling both praise and criticism.